

They  
say

**TRAUMA**

is  
just  
a  
state  
of  
mind





# ICTP KNOWS BETTER

The Israel Center  
for the Treatment  
of Psychotrauma

המרכז הישראלי  
לטיפול  
בפסיכותראומה

Israel's painful history has made its people particularly vulnerable to the multiple dimensions of trauma. Our many years of experience have taught us that the more resilient a society, the better it can function in times of crisis. At ICTP we have turned our experience into expertise, leading the nation in the research and treatment of psychotrauma.

ICTP takes action before, during and after traumatic events to provide mental health professionals and social institutions with the resources, strategies and tools needed to evaluate distress and to intervene when risk factors are present.

**Through integrated treatment and recovery programs, we help victims develop vital coping mechanisms** to deal with the emotional and psychological fallout of trauma.

Be it a natural disaster, a terrorist attack, a traffic accident or a family tragedy, ICTP helps trauma survivors - thousands of men, women and children across Israel and around the world - regain peace of mind.



# No state is more expert in health



**THE ISRAEL CENTER FOR THE TREATMENT OF PSYCHOTRAUMA (ICTP)** has been active since 1989 as a project of the Herzog Hospital Latner Institute to contend with the growing phenomenon of psychotrauma in Israel, where an estimated 9% of Israelis suffer from Post Traumatic Stress Disorder (PTSD), three times the level of that in the US and other western countries. ICTP, together with UJA-Federation of New York, initiator of the Israel Trauma Coalition, is today a world-recognized innovator in researching and treating the widespread effects of trauma.

Dedicated to the building of national resilience as well as direct treatment of the victim, ICTP offers comprehensive services to the entire community. **ICTP experts train** hundreds of mental health professionals and volunteers each year. Children, who suffer from PTSD at higher rates than adults, are given special priority in our **National School Resilience Project**. Since 2002 we have provided training for 3000 teachers, counselors and school psychologists; and, over the past five years provided screening tools and treatment programs for nearly 42,000 children in Israel.



**"Healing requires a society that is sensitive and responsive to the condition of trauma. At ICTP, we are committed to helping victims regain their inner strength and balance as they navigate the challenging waters of recovery."**

Dr. Danny Brom  
Director, ICTP

# alizing the pain

To meet the diverse needs of trauma victims, cutting-edge programs developed by ICTP experts use advanced methods for treating post-traumatic symptoms and reinforcing natural coping mechanisms. The **ICTP Treatment Fund** guarantees that every individual seeking psychotherapy will receive assistance. And, for immediate crisis intervention, **Metiv Walk-in Crisis Center** - the first of its kind in Israel - provides treatment six days a week for the public and for "first response" emergency teams.

Through collaborative efforts with specialists around the world, ICTP is able to widely share its unique expertise. Responding to disasters in Sri Lanka and the US, offering assistance in Chechnya and Turkey, working with regional neighbors to enhance capabilities in the face of ongoing conflict, **ICTP is expanding its global reach.**

**"Finally the ice around my heart has melted.  
I can feel again."**

A bereaved mother  
following treatment at ICTP

**ICTP brings  
peace of mind to  
trauma  
survivors.**

Help us to utilize our  
painfully acquired expertise  
to heal the pain of others.

Together, we will ensure that  
ICTP remains a vital lifeline in  
Israel, and a vigorous  
resource for you and the  
global community.

**PLEASE CONTACT US:**

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